



# **Recipe of the Week!**

## **TAKE ONE HOME AND TRY IT YOURSELF!**

## Honey-Blackberry Greek Yogurt Dip (Serves 4)

Hands-on time: 5 minutes.

#### Ingredients

- 3 cups greek yogurt
- 1/2 pints blackberries (fresh or frozen)
- 3 tablespoons honey
- 2 tablespoons lemon juice
- 1 pinch salt

#### Directions

- 1. In a mixing bowl, smash the blackberries with a fork.
- 2. In a separate bowl, whisk together the remaining ingredients.
- 3. When ready to serve, spoon the blackberry mixture into the center of the yogurt. Gently fold in berries, but don't mix completely.
- 4. Cinnamon Sugar Pita Chips.

### **ENJOY!**

