Recipe of the Week!

Honey-Blackberry Greek Yogurt Dip
(Serves 4)

Hands-on time: 5 minutes.

Ingredients
• 3 cups greek yogurt
• 1/2 pints blackberries (fresh or frozen)
• 3 tablespoons honey
• 2 tablespoons lemon juice
• 1 pinch salt

Directions
1. In a mixing bowl, smash the blackberries with a fork.
2. In a separate bowl, whisk together the remaining ingredients.
3. When ready to serve, spoon the blackberry mixture into the center of the yogurt.
   Gently fold in berries, but don’t mix completely.
4. Cinnamon Sugar Pita Chips.

ENJOY!