Banana Coconut Yogurt Parfait
Kid Chef Eliana De La Casa, 16

INGREDIENTS
• 4 cups coconut yogurt, chilled
• 10 Graham crackers, finely crushed
• 4 bananas, cut into 1/4” rounds
• 2 tablespoons coconut flakes

DIRECTIONS
1. Place 2 teaspoons each of crushed graham crackers into four individual parfait glasses.
2. Add a 1/2” layer of yogurt.
3. Arrange 4 to 5 banana coins on top of the pudding.
4. Continue the layers to the top of the glasses.
5. Garnish with crushed Graham crackers and coconut flakes.

Source: Healthy Lunchtime Challenge Cookbook compiled by the Let’s Move Initiative