



# ShopRite



## KIDZ COOK

### Recipe of the Week!

**TAKE ONE HOME AND TRY IT YOURSELF!**

#### Chickpea, Apple & Cheese Salad

##### Ingredients

###### LEMON VINAIGRETTE:

- 2 tbsp shallots, minced
- 1 garlic clove, minced
- 1 small lemon, juiced
- 1 ½ tsp honey
- ½ cup extra virgin olive oil
- salt and pepper

##### Directions

###### LEMON VINAIGRETTE:

1. Place all ingredients, except oil, into a large mixing bowl and whisk together.
2. In a slow and steady stream, whisk in oil until fully incorporated.
3. Whisk in salt and pepper to taste.

###### SALAD:

1. Place kale over lemon vinaigrette and mix together until kale pieces are evenly coated and slightly softened.
2. Pour kale onto a serving platter or serving bowl and top with remaining ingredients.
3. Lightly season with pepper and toss everything together before serving.

###### SALAD:

- 1 bunch kale, ribs removed and torn into bite sized pieces
- 1 15-ounce can chickpeas, drained
- 1 small gala apple, cored and sliced into matchsticks
- ⅔ cup crumbled goat cheese

**Enjoy!**

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