



Recipe of the Week!

TAKE ONE HOME AND TRY IT YOURSELF!

Banana Caramel Trifle

(Serves 6)

Ingredients

- 2 bananas
- 1 jar caramel sauce
- 3/4 cup chilled whipping cream
- 1 tablespoon of powdered sugar
- Make homemade vanilla pudding or store bought pre-made will work too

GRAHAM CRACKER CRUMBLE:

- 1½ cups graham cracker crumbs about 10 full sized crackers
- 3/4 cup butter
- 1 tablespoon sugar

Instructions

- 1. Chill the mixing bowl, then add 3/4 cup of the chilled whipping cream and use an electrical mixer to combine it with 1 Tablespoon of powdered sugar. Stop whipping just when the cream forms peaks when you remove the beaters from it. They can droop down a bit, but not lose their shape.
- 2. Melt 1/3 cup butter using microwave (be sure to use oven mitts for safety).
- 3. Crush graham crackers in a mixing bowl using the back of a spoon and add melted butter and 1 Tablespoon of sugar.
- 5. Slice 2 bananas.
- 6. Begin layering into a trifle bowl or 6 small clear cups in layers of: mixture of graham crackers, 1/4 cup pudding, mixture of graham crackers, 1 dollup of whipped cream, sliced bananas and 1 tablespoon caramel.

Enjoy!

