



ShopRite



KIDZ COOK

Recipe of the Week!

TAKE ONE HOME AND TRY IT YOURSELF!

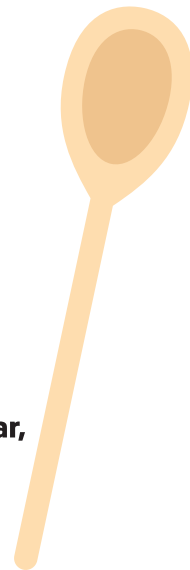
Packed Purple Power Slaw

Ingredients

- 1/4 head purple cabbage, julienned
- 2 purple carrots, julienned
- 2 red apples
- 2 tsp fresh grated ginger
- 3 tsp apple cider vinegar
- 1/2 tsp Himalayan salt
- 1/2 tsp freshly cracked pepper
- 1/2 tsp sugar
- 3 tbsp Extra Virgin Olive Oil (EVOO)

Instructions

1. Wash, core, and julienne 1 1/2 apples.
2. Finely chop the remaining 1/2 apple and set aside.
3. In a salad bowl, combine julienned cabbage, and carrots.
4. In a food processor, add grated ginger, chopped 1/2 apple, apple cider vinegar, salt, pepper and sugar.
5. Turn on high and blend until the mixture is smooth. With the processor on high, drizzle EVOO into the mixture.
6. Toss the vegetables with the vinaigrette.
7. Cook until pasta is tender (approximately 5-6 minutes).



Enjoy!

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